

Issue 191: Monday 11 March 2024

International Women's Day inspires inclusion

PPAC staff Ganthi
Kuppusamy, Deborah Hobson
and Vanessa Deakin were
voted the most inspiring
women in Pormpuraaw
at PPAC's International
Women's Day event last week.

PPAC chair Meredith
Arkwookerum said the day
was about acknowledging and
celebrating women's achievements
and helping to forge women's
equality.

"The International Women's Day 2024 campaign theme is 'inspire inclusion'." she said.

"When we inspire others to understand and value women's inclusion, we forge a better world, so let's celebrate and have fun."

The women were asked to write down how they aspired to inspire others (see next page).

Ganthi also won the best costume prize with Meredith. Raffle winners included Heather Tyore, Jacqui Shortjoe, Margaret Coleman, May Ballie, Josie Szilagyi and Mary Zare, and Vanessa also took out the pool competition, followed by Kelisha Ambrum and Fredeillia Barney.



How do you inspire others?



Cynthia Lui MP - Member for Cook 📀

International Women's Week

What we delivered

- Made coercive control and stealthing a crime.
- Legislated Midwife to Patient ratios.
- Making IVF free for Queenslanders with cancer.
- Delivering better care for women with endometriosis.
- Made it easier for women to access reproductive healthcare.

- Lead by example
- Walk the talk
- Be the change you want to be in the world
- Be kind and live in peace
- To be positive
- Be aware of your holistic health
- Be kind and strong
- Set good standards
- By kindness to all living beings





Tuesday 19th –
Thursday 21st March

- Free Desexing
- Flea and tick control
- · General animal health checks

Located at the dog pound.



Come and see us at the Healing Centre for confidential

support, advice and advocacy for families.

We're here to support our families to support their children to grow up healthy and happy.

Tomacon, A rich

The Healing Centre has added an additional way of contacting counsellors when the receptionist is not available via an intercom system. Just press the button, and a counsellor will attend to your needs.

ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING, CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY